FAMILY P.E. WEEK @ CENTRAL ELEMENTARY
October 2-6, 2023

Dear Central Parents or Guardians,

We invite you to come and participate in P.E. class to witness the fun and engaging ways we are helping our students to feel better, work together as a team, reduce anxiety, maintain focus in the classroom, and develop lifelong healthy habits. Please wear comfortable clothes, walking shoes, and bring a water bottle. This event is for the <u>parents or guardians</u> of the student.

- **Each student will have a flier that is specific to their P.E. days so please check their communication folder for the days and times.**
- **Please check in at the office and then report to the gym.**
- **<u>We cannot accommodate older or younger siblings.</u>**

We hope to see you there!
Ms. G & Mr. Brown